



DOT(WA) Inc. MEETING Agenda

**PD TO BE HELD at 6:30pm and meeting to be held at approx 7:30pm on 7th
February 2023**

PRESENTATION & PRESENTER- The Power of Playgroups- The LEaP Playgroup for children with developmental delay and/or disabilities, Dr Jodie Armstrong,

- 1. WELCOME**
- 2. CONFIRMATION OF PREVIOUS MINUTES**
- 3. MATTERS ARISING FROM PREVIOUS MINUTES**
- 4. OT ASSOCIATIONS**
- 5. NEW BUSINESS**
- 6. THE GOOD, THE BAD AND THE UGLY**
- 7. REGIONAL NEWS**

Following meeting: TBC
Chairperson: Jacqui Hunt
Presentation by: TBC
Topic: TBC

Zoom video conference details:

Zoom instructions can be found in the DOT (WA) newsletter or on our website:

<https://dotwa.org.au/monthly-meeting/>



DOT (WA) Inc. MEETING MINUTES

**MINUTES of MEETING HELD on Tuesday 6th December 2022 AT 7:30pm
Via Zoom**

1.1 PRESENT

Natalie Lea, Caris Bailey, Susanne Parker, Tom Burchfield, Caroline Kostrz, Fiona Kemp, Jen O'Shea, Maria Fuentes Arrocha, Kathryn Dew, Tiffany Edards, Laura Spada, Rebecca Moore, Elly Cocks, Amanda Drew, Helena Blackley, Karen McGrogan, Vanessa Trehern, Caitlin Sinclair, Sarina Shirazee, Leigh Dix, Trina MacAdam, Storm Mitchell, Ashlyn Macfarlane, Kat Lozyk, Annika Riddway, Jacqui Hunt, Carmen Ip, Louella Frost, Dana Hooker, Janet Gowland, Norma Lehmann.

2. CONFIRMATION OF MINUTES

Fiona Kemp

3. MATTERS ARISING FROM PREVIOUS MINUTES

DOT(WA) ran a Facebook promotion during OT week, to encourage the sharing of stories within our WA paediatric OT community. Thankyou to all those who participated and congratulations to the three winners, who will all receive a \$50 voucher to Skillbuilders.

DOT(WA) still has vacancies for the Executive Committee roles of:

- Bimonthly PD Coordinator
- Rural and remote representative
- Research Coordinator

Please express interest in these roles via dotwa@outlook.com.

4. OT ASSOCIATIONS

-Jacqui Hunt attended WAOTA OT Week Breakfast, there were no awards presented this year, as WAOTA will be hosting a ball in 2023 and presenting them there. The Breakfast featured an inspiration presentation from Emma Gee, and a presentation from Annett Barton.

- OT Australia conference to be held in Cairns 21–23 June 2023.

- Thankyou to all DOT(WA) members who contributed their insights into the recent submission with the WA OT Association to the parliamentary inquiry into child development services in WA. We hope this will support efforts to improve the long waitlists for therapy and paediatrician appointments in the public system. The submission in full will be shared online through the parliamentary process. On behalf

of DOT(WA), a huge thanks to Jacqui Hunt for her excellent work in coordinating the DOT(WA) input to the response, and working with Sally WH at WAOTA to compile the collaborative response.

-DOT(WA)'s Memorandum of Understanding with WA OT Association will now be ongoing, requiring review only when either party requests it.

- OT Australia are still to appoint a new WA Manager and we will again work with that person when filled.

5. NEW BUSINESS

-DOT(WA) is keen to hear from all members in our DOT(WA) Library Survey. Please access the survey at www.surveymonkey.com/r/DOTWALibrarySurvey, it only takes 2 minutes to complete, and you will go in the draw to win a prize. You don't need to have used the library before to complete the survey. Thankyou!

-Jacqui Hunt advised there is a BOT-3 and Movement ABC-3 are being released soon and may therefore be best to wait before purchasing the current versions.

- Please send through any ideas you have for any Big PDs you would love to see come to Perth.

PD Opportunities:

- NDIS Report writing Essentials – Thursday 8th December 12 noon; 45 minutes, available through Verve OT
- Feeding workshop - <https://www.sydneyspeechclinic.com.au/ssc/melanie-potock-feeding-workshops-australia-2023/>
- Online conference from Reframing Autism - <https://gems.eventsair.com/2023-reframing-autism/>

6. THE GOOD THE BAD AND THE UGLY

- Helena reminded regarding the kids' activities in the Little Aussie Communities pamphlets
- Helena – Planet Puberty website – www.planetpuberty.org.au – advise that adult guided access to the resources may be better suited
- Helena – home made sensory bags using foam balls inside hair gel, double bagged
- Calm strips- cute sensory stickers that can be picked at/scratched. Can be stuck on random surfaces where people need them. So have statements like 'breath out' on them. Well priced and available on many sites such as Amazon
- Book – Anxious Eaters, Anxious Mealtimes , by Marsha Klein - <https://www.amazon.com.au/Anxious-Eaters-Mealtimes-Compassionate-Strategies-ebook/dp/B07VYXGD2K> . This book is neurodiverse-affirming; Jacqui has developed an online checklist from this book.
- Twinkl website for general resources, can be searched by age, year level and topic of interest

- Kmart – pop-it wrist strap-on; and texta spinners
- Vibrating pen from Pictionary Game is fun for pre-writing
- Use of a pulse oximeter to provide biofeedback on arousal state
- The 5, 4, 3, 2, 1 mindfulness strategy -
<https://www.moshikids.com/articles/54321-grounding-technique-kids-2/>

7. REGIONAL NEWS

Nothing reported.

8. PRESENTATION

Pre-writing skill development and updates on the use of Peggy Lego,
Berry Johnston, Principal Occupational Therapist Lil Peeps OT.

Next Meeting: Tuesday 7th February 6.30pm
By Zoom

Presentation: The Power of Playgroups- The LEaP Playgroup for children with developmental delay and/or disabilities, Dr Jodie Armstrong

Minutes completed by:

Louella Frost

DOT(WA) Secretary

Meeting Chaired by:

Fiona Kemp

Chairperson