

DOT(WA) Inc. MEETING Agenda

PD TO BE HELD at 6:30pm and meeting to be held at approx 7:30pm on 5th April 2022

PRESENTATION & PRESENTER- Amy Hodges

- 1. WELCOME
- 2. CONFIRMATION OF PREVIOUS MINUTES
- 3. MATTERS ARISING FROM PREVIOUS MINUTES
- 4. OT ASSOCIATIONS
- 5. NEW BUSINESS
- 6. THE GOOD, THE BAD AND THE UGLY
- 7. REGIONAL NEWS

Following meeting: TBC Chairperson: Fiona Kemp Presentation by: TBC Topic: TBC

Zoom video conference details:

Zoom instructions can be found in the DOT (WA) newsletter or on our website: <u>https://dotwa.org.au/monthly-meeting/</u>



DOT (WA) Inc. MEETING MINUTES MINUTES of MEETING HELD on Tuesday 15th February 2021 AT 7:30pm Via Zoom

1.1 PRESENT

Monika More, Gayle Hillen, Susanne Parker, Angela D, Jen O'Shea, Carmen Ip, Clare Jongeling, Helena Blackley, Tegan Forrest, Aleisha Daniels, Kaitlin Westcott, Fiona Kemp, Louella Frost, Jacqui Hunt

2. CONFIRMATION OF MINUTES

Fiona Kemp

3. MATTERS ARISING FROM PREVIOUS MINUTES

DOT(WA) Exec still have the research and supervision committee positions available. If you are interested in finding out more or volunteering, please email us at <u>dotwa@outlook.com</u>

4. OT ASSOCIATIONS

Nothing to report.

5. NEW BUSINESS

DOT(WA) Updates:

- Library: Stocktake is underway; please return any items you may have that should have been returned prior; the library is missing some items so that would be very much appreciated. Let us know if you would recommend items for purchase by the library, this can be especially helpful if you need access to an item that is expensive to buy for yourself.
- 'Big PD': The Executive is looking at a professional development event on motor dysgraphia. We are interested to know whether members would prefer to attend virtually or face to face, and will be issuing a survey regarding this. Please respond to the survey and return it to DOT(WA) so we can plan accordingly.
- Newsletter: Following some reports, all members are asked to notify DOT(WA) if they are not regularly receiving the email newsletters, at <u>dotwa@outlook.com</u>

Infant Mental Health

Lisa Haynes happy to facilitate a conversation re the OT role in infant mental health

Do you have an issue to raise?

Reminder that if you have systemic or general issues you want to raise, you can do that at the DOT()WA) meeting. If you wish to do it anonymously, email us at

<u>dotwa@outlook.com</u> a few days before the meeting and we can ask on your behalf (make it clear you want it to be anonymous).

6. THE GOOD THE BAD AND THE UGLY

COVID Discussion:

- Self-care during COVID times: a variety of practices that people are using were discussed – doing something "for yourself" every day, exercise at the gym (at non-peak times ^(c)) or at home, trying some creative arts.
- Working in schools: therapists still visiting schools, although one member had not been able to visit a child-care centre. It is now mandatory for adults to wear a mask when visiting schools. Masks with clear sections are available.
 Speech Pathologists at one provider have been issues with clear face shields to aid their work.
- Child Development Centres are delivering OT services now via telehealth.
- Australian website you can visit to check clinical sensitivity of RATs www.tga.gov.au/covid-19-rapid-antigen-self-tests-are-approved-australia
- Helena Blackley reminded regarding the importance of the mask fitting the face well.
- Use of your own QR code as a business for home visiting was discussed.
- Telehealth platforms Susanne Parker and Jen O'Shea recommended Coviu, an Australian platform.
- Ensuring adequate time between sessions and visits for enhanced cleaning protocols.

7. REGIONAL NEWS

- Nothing reported.

8. PRESENTATION

AAIMH WA's Infant Mental Health Endorsement Anne Lowagie

Next Meeting:	Tuesday 5 th April 2022
	via Zoom
Presentation:	'In My Shoes' school-based program for students on the autism
	spectrum, by Amy Hodges

Minutes completed by: Louella Frost DOT(WA) Secretary

Meeting Chaired by: Fiona Kemp Chairperson