



DOT(WA) Inc. MEETING AGENDA

PD TO BE HELD on TUESDAY 4th FEBRUARY 2020 at 6:30pm and

MEETING to be held at approx 7:30pm

At ECU Mount Lawley Campus, 10:3:08. (i.e. Building 10, Level 3, Room 8)

PRESENTATION: Continence Health & Management from an Allied Health Perspective, by Tabitha Poole, OT from PEBBLES, Therapy Focus.

- 1. WELCOME & APOLOGIES**
- 2. CONFIRMATION OF PREVIOUS MINUTES**
- 3. MATTERS ARISING FROM PREVIOUS MINUTES**
- 4. OT ASSOCIATIONS**
- 5. NEW BUSINESS**
- 6. THE GOOD, THE BAD AND THE UGLY**
- 7. REGIONAL NEWS**

Following meeting: TBC APRIL 2020

Chairperson: Fiona Kemp

Presentation by: TCB

VIDEOCONFERENCE- ZOOM TRIAL

To dial in through Zoom, please follow the following steps.

- 1.** Prior to the meeting, download Zoom onto your phone, tablet or computer. The free Zoom app is available from the App Store or Google play, or you can find it here: <https://zoom.us/download>
- 2.** 10 minutes before the meeting, click the link provided (see the website or newsletter for the link).
- 3.** Check your video audio by clicking 'Settings' at the bottom left of the screen. Ensure that you are on mute, and choose whether or not to share your video.
- 4.** If you wish to ask a question, make a comment etc during the meeting, don't forget to unmute yourself.
- 5.** To finish the meeting or disconnect, click 'Leave meeting' at the bottom right corner of the screen.



DOT (WA) Inc. MEETING MINUTES

**MINUTES of MEETING HELD on Monday 4th November 2019 AT 7:30pm
At the ECU Mount Lawley Campus 10:3:08**

1.1 PRESENT

Jacqui Hunt, Fiona Kemp, Sam Johnson, Tennille Archer, Nicola Hawkins, Felicity Emiry, Helena Blackley, Jessica Trifiletti, Claire Goss, Ella Woods, Katrin Werster, Kimberley Parrant, Kirsten Jouana, Geraldine Ferry Smith, Gillian Reid, Bec Elsegood, Chloe Woods, Marion Roland, Berry Johnson, Emma Staples, Carmen Ip, Janet Rishmond, Sarah Evans, ThuyAnh McGrath, Meg Robertson, Elyse Perry, Amy Buckingham, Prue Matthews, Sarah Spight, Monika More

2. CONFIRMATION OF MINUTES

3. MATTERS ARISING FROM PREVIOUS MINUTES

3.1

-Executive committee vacancy: **Treasurer**

- The role consists of making electronic payments and going to the bank occasionally. And a monthly report that collates to an annual report.

** Edit- we have since found a treasurer, thanks for joining the team Monica!

4. OT ASSOCIATIONS

OTA (WA Division)

-The 2019 Enabling Excellence Award was presented to Jacqui Hunt.

Jacqui has over 20 years experience of clinical practice in paediatric occupational therapy. She has developed and lead a paediatric occupational therapy clinic which has provided over 200 students with a safe, supported environment to develop their clinical competence and their professional identity. The clinic has provided essential services to over 200 children in the Northern corridor who would otherwise not have access to the necessary interventions. Congratulations Jacqui!

-OT Conference is in Cairns 2020

-OT Australia want more paediatric input

5. NEW BUSINESS

5.1 MENTORSHIP

-Mentorship program is open, closing November 11th, 2019. Open for mentors and mentees.

5.2 RESEACRH GRANT

-Successful DOT(WA) Research Grant approval for 'Printing like a Pro' Program to be edited for WA school fonts

5.1 PROFESSIONAL DEVELOPMENT

DOT(WA) is hosting Attention Autism PD

Details are available in the newsletter and on the website. The PD has limited numbers, so it is being run on two different dates: 17th/18th Feb and 20th/21st Feb 2020, but they are the same course.

Registration opens late November

6. THE GOOD THE BAD AND THE UGLY

Resources for OT's:

- ADDitude Facebook page- A study from 2015 on working memory and executive functioning
- Hey Warrior- explains anxiety, what happens in their body and strategies.
- Brave- online CBT
- Zen Den
- Cosmic Kids/Cosmic Yoga
- Smiling Minds App
- Wiggle Jar from Pinterest
- Bright Tomorrows: Free App on android and apple for families with young children, activity ideas.

ECU will be running their annual clinic. Aimed at up to 5 yo. Small group sessions and it is free. Open up to expressions of interest.

Sharing information for DOT(WA) members and community- Please send to dotwa@outlook.com and we can add to the Newsletter or on the DOT(WA) Facebook page.

7. REGIONAL NEWS

-

8. PRESENTATION

Next Meeting:	Tuesday 4 th February 2020 ECU Mount Lawley Campus 10:3:08
Presentation by	Tabitha Poole, Acting Team Leader and OT from the PEBBLES division of Therapy Focus.

Minutes completed by:

Helena Blackley

DOT(WA) Mentorship Coordinator

Meeting Chaired by:

Fiona Kemp

Chairperson