



Developmental Occupational Therapy
Supporting WA Occupational Therapists working with children



When Children Won't Eat: Picky Eaters versus Problem Feeders Assessment and Treatment using the SOS Approach to Feeding

5th - 8th November 2018

8.00am – 5.00pm (Monday – Thursday)

Presented by:

Dr Kay Toomey, PhD and Bethany Kortsha, MA, OTR/L

Workshop description:

This conference is designed to help professionals assess and treat children with Feeding Disorders and other Feeding Difficulties using the **SOS** Approach to Feeding. The **Sequential Oral Sensory** Approach to Feeding is a transdisciplinary program designed to help professionals understand the multi-factorial complexity of Feeding Problems, as well as how to identify areas needing intervention and how to treat the “whole” child. The focus of the Conference will be assessing and treating infants and young children with Feeding Difficulties and Feeding Disorders. This includes “problem feeders” who may have mild to moderate neurological impairments and/or medical disorders, children with Autism Spectrum disorders, children with motor, oral-motor and/or sensory dysfunction, as well as the “picky eater”.

This workshop is suitable for Occupational Therapists, Speech Pathologists, Psychologists, Dietitians, Nutritionists, GPs, early childhood and community nurses, mental health workers, special educators, and other paediatric health professionals who work with children with feeding difficulties. Health professionals who attend the full SOS Basic Training Course are eligible to practice the SOS Approach to Feeding Program.

Note: Training conferences are created for professionals. If parents wish to attend the training workshop, they must be accompanied by their child's feeding therapist.

Workshop objectives:

Participants will be able to:

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognise and describe the major reasons why children won't eat, as based on learning theory principles.
3. Identify physical, behavioural, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioural and social learning principles, and systematic desensitisation strategies to feeding problems.
5. Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats.

Email: dotwa@outlook.com

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Workshop details

About the Speakers:

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.

Bethany CF Kortsha, MA, OTR/L received her Master of Arts degree in Occupational Therapy from The College of Saint Catherine in St. Paul, Minnesota. She completed her Master's thesis on Autism and feeding challenges using the SOS Approach to Feeding. Bethany currently works as a Pediatric Feeding Specialist at the Feeding Clinic at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She is also the Director of Clinical Mentorship for Toomey & Associates, Inc. Prior to joining STAR Institute and Toomey & Associates, Inc., Bethany worked as a member on a multidisciplinary team in a day treatment clinic for children with Autism Spectrum Disorders, SPD, emotional/behavioral disorders, and feeding problems. Additionally, Bethany has completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floortime Provider.

Inclusions: Registration includes pre-workshop and break refreshments, morning and afternoon tea, lunch, workshop manual and certificate of attendance. Additional resources developed by the speakers will be available for purchase at the workshop.

Location: TBC (based on final number of registrations)

Parking/transport: Free parking is available at the venue. For public transport information please call Transperth on 13 62 13.

Comfort: Please bring your own cushion or seating supports if required, and clothing to cater for your own preferences with regards to air-conditioning.

Registration: To register and/or further information, visit www.dotwa.org.au or email dotwa.pd@gmail.com

	General	DOT(WA) Inc, WAOTA or OTA-WA Members
Early Bird rate (Closes 07/10/2018)	\$1150	\$1050
Standard rate (Closes 21/10/2018)	\$1350	\$1200
Rural rate (Closes 07/10/2018)	N/A	\$775
Remote rate (Closes 07/10/2018)	N/A	\$520

PLEASE NOTE ** Participants are expected to attend the course for the entire length of each day (8am to 5pm) to receive their SOS Certificate of Attendance. Leaving early or missing time during the conference results in participants missing crucial information needed to correctly use the SOS Approach to Feeding program. Please make any travel arrangements to ensure that you do not need to leave the conference early on any day.

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Workshop schedule

Day 1 – Monday 5/11/2018 – 7.30am - 5.00pm	
7.30 - 8.00	Registration
8.00 - 10.00	<i>I. Introduction</i> A. Prevalence B. What do we know from the Research? C. Tenets of SOS
10.00 - 10.15	Break
10.15 - 12.00	D. Top 10 Myths <i>II. Feeding Theory - How children learn to AND not to eat</i> A. Learning Theory 1. Application to Feeding 2. Feeding Therapy options
12.00 - 1.00	Lunch
1.00 - 3.00	A. Learning Theory cont. 3. Feeding Video <i>III. Feeding Skills</i> A. Myth 1 = Breathing B. Motor milestones
3.00 - 3.15	Break
3.15 - 5.00	C. Oral-Motor milestones D. Neurosensory

Day 3 – Wednesday 7/11/2018 – 8.00am - 5.00pm	
8.00 - 10.00	<i>V. Assessment of Feeding Problems – cont.</i> D. Child Factors E. Environmental Factors F. Parent Factors G. Practice Videos
10.00 - 10.15	Break
10.15 - 12.00	<i>VI. The SOS Approach to Feeding – Therapy Sessions</i> A. Systematic Desensitization B. Cues to Eating
12.00 - 1.00	Lunch
1.00 - 3.00	C. Language Use D. Therapy Format – Child E. Therapy Format – Parent
3.00 - 3.15	Break
3.15 - 5.00	F. SOS Data G. Building a Food Hierarchy - using food as your therapy tools

Day 2 – Tuesday 6/11/2018 – 8.00am - 5.00pm	
8.00 - 10.00	<i>III. Feeding Skills – cont.</i> E. Steps to Eating F. Developmental Food Continuum
10.00 - 10.15	Break
10.15 - 12.00	F. Developmental Food Continuum – cont. G. Cognitive Development
12.00 - 1.00	Lunch
1.00 - 3.00	<i>III. Feeding Skills – cont.</i> H. Psychological Developmental Stages <i>IV. General Treatment/Interventions</i> A. Strategies for Family Meals
3.00 - 3.15	Break
3.15 - 5.00	A. Strategies for Family Meals – cont. B. Preventing Food Jags <i>V. Assessment of Feeding Problems</i> A. Assessment Process B. Referral Candidates C. Reasons Children Won't Eat

Day 4 – Thursday 8/11/2018 – 8.00am - 5.00pm	
8.00 - 10.00	<i>VI. The SOS Approach to Feeding – Therapy Sessions – cont.</i> G. Building a Food Hierarchy – cont. H. Hierarchy Strategies
10.00 - 10.15	Break
10.15 - 12.00	H. Hierarchy Strategies – cont.
12.00 - 1.00	Lunch
1.00 - 3.00	I. Video Practice: Progression Within Session J. SOS Data
3.00 - 3.15	Break
3.15 - 5.00	<i>VII. Managing Maladaptive Behaviours</i> A. Overview B. Preventing “problem” behaviours C. Intervention strategies - basic D. Emotion Based Discipline <i>VIII. The SOS Approach to Feeding - Audience Practice</i> A. Video Practice: Progression Across Sessions



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Disclaimer: All information is correct at the time of publishing. Registration payment not received within 7 days of receipt of the registration form will not be processed. No refunds are given should you be unable to attend part of the seminar or for no-shows.

Cancellation policy: All cancellations must be in writing to dotwa.pd@gmail.com. Cancellations received at least 14 days prior to the commencement of the course will be charged a \$50 cancellation fee. Cancellations received with less than 14 days notice will be subject to a 50% administration fee. No refunds will be issued on cancellations made less than 48 hours before the commencement of the course. DOT (WA) reserves the right to cancel the course and issue a full refund (course fee only) to registrants.

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