

Putting on Tops

TIP #1

Choose loose tops with large head and arm openings, and short sleeves.

TIP #2

Choose tops with tags and/or logos to help your child with identifying the front and back. Encourage your child to check if they have the top the right way around before they put it on.

TIP #3

Do most of the steps and then ask your child to do the last step e.g. pull down the top. When they can do this ask them to do the last 2 steps, then the last 3 steps, and so on.

TIP #4

Set aside enough time to practise and consider what time of day is best for your child.



Who can help? Where? When?

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My Tips

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Disclaimer

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