

# Putting on Pants

## TIP #1

Ensure your child is in a comfortable, stable position when putting on pants.

## TIP #2

Choose loose pants with an elastic waistband, and tags and/or logos to help your child with identifying the front and back. Encourage your child to check if they have the pants the right way around before putting them on.



## TIP #3

Do most of the steps and then ask your child to do the last step e.g. pull the pants over their bottom. When they can do this, ask them to do the last 2 steps, then the last 3 steps, and so on.

## TIP #4

Set aside enough time to practise and consider what time of day is best for your child.

**Who can help? Where? When?**

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**My Tips**

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## Disclaimer

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