

Moving Between Activities

TIP #1

Develop a routine to help the child move through activities that happen during the day. If changes in the routine are required, let the child know beforehand.

TIP #2

Use a visual timetable with pictures or photos to help the child understand the routine.

TIP #3

Ideas to support the child to move between activities include: letting them know a few minutes before the activity will end; counting from 1-10; or using a timer.

TIP #4

Acknowledge the child's feelings about having to stop an activity they are enjoying and support them to move on.



Who can help? Where? When?

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My Tips

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Disclaimer

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- has been prepared by Developmental Occupational Therapy (WA) Inc., known as DOT (WA) Inc. in good faith as general advice which may not be specific to all children's needs. Accordingly, DOT (WA) Inc. and its officers, employees and agents accept no liability for any injury, loss or damage which may arise directly or indirectly from information on this handout;
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