

Brushing and Washing Hair

TIP #1

Have a set routine so your child knows what to expect. Talk through the steps and encourage them to get involved.

TIP #2

Use a mirror so your child can see what's happening when you brush their hair.

TIP #3

To stop water dripping on your child's face, try using a hand-held showerhead or jug for rinsing and/or have your child hold a flannel against their forehead.

TIP #4

A detangling spray or brush, or leave in conditioner can help with knots.



Who can help? Where? When?

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My Tips

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Disclaimer

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