

# Learning About Colours



Start with colour matching games



Choose one colour to focus on at a time e.g. red



Talk about the colour



Read about the colour



Dress in the colour



Eat food of that colour

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Supporting WA Occupational Therapists working with children

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Funding to develop this handout was kindly provided by Non-Government Centre Support (NGCS)

**DOT** (WA) Inc  
Developmental Occupational Therapy

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