

# Helping Your Child Concentrate



Allow your child to be active before sitting still



Turn the TV off and remove other distractions



Face your child so your child can see and hear you



Offer choices



Complete one activity at a time



Praise and reward effort

[www.dotwa.org.au](http://www.dotwa.org.au)

Supporting WA Occupational Therapists working with children

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Developmental Occupational Therapy

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