Hands Doing Different Tasks

- **Eating**: hold a box and remove food
- **Eating**: hold a container and use a spoon
- **Dressing**: hold a jacket and do the zip up
- **Cooking**: hold a bowl and stir mixture
- **Playing**: hold paper and draw
- **Playing**: hold string and thread pasta or beads
Disclaimer

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- children must always be properly supervised while undertaking any activity including those described in this handout. Failure to do so could result in injury or worse.