

Learning Body Parts



Name body parts when bathing
e.g. "Wash foot"



Find body parts on a doll or teddy
e.g. "Baby's eye"



Name body parts when putting on
sunscreen e.g. "Cream on arm"



Sing body action songs
e.g. "Head, shoulders, knees and toes..."



Talk about the body when dressing
e.g. "Arm in"



Play body games with Mum or Dad
e.g. "Touch your nose"

www.dotwa.org.au

Supporting WA Occupational Therapists working with children

© 2010 DOT (WA) Inc.

Funding to develop this handout was kindly provided
by Non-Government Centre Support (NGCS)

DOT (WA) Inc

Developmental Occupational Therapy

Disclaimer

Please note that the information on this handout:

- has been prepared by Developmental Occupational Therapy (WA) Inc., known as DOT (WA) Inc. in good faith as general advice which may not be specific to all children's needs. Accordingly, DOT (WA) Inc. and its officers, employees and agents accept no liability for any injury, loss or damage which may arise directly or indirectly from information on this handout;
- is general in nature and is not professional advice relating to a child's specific circumstances. If in doubt, seek professional advice; and
- children must always be properly supervised while undertaking any activity including those described in this handout. Failure to do so could result in injury or worse.