Learning Body Parts

Name body parts when bathing
e.g. “Wash foot”

Find body parts on a doll or teddy
e.g. “Baby’s eye”

Name body parts when putting on sunscreen e.g. “Cream on arm”

Sing body action songs
e.g. “Head, shoulders, knees and toes…”

Talk about the body when dressing
e.g. “Arm in”

Play body games with Mum or Dad
e.g. “Touch your nose”
Disclaimer

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