

# Zips

## TIP #1

Make sure your child is sitting or standing comfortably.

## TIP #2

Practise on items with zips that don't come apart fully, such as pencil cases, lunch bags and backpacks. Then try zips on jackets and jumpers, then on pants and jeans.

## TIP #3

Show your child what to do and talk through the steps. Use a few simple words and try to say the same thing each time. It may help to practise on your own first to work out the steps and what to say.

## TIP #4

Do most of the steps and then ask your child to do the last step e.g. pull the zip closed while you hold the fabric. When they can do this, ask them to do the last 2 steps, then the last 3 steps, and so on.



### Who can help? Where? When?

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### My Tips

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## Disclaimer

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